

Susan Mullins, LMHC, TEP, CEDS

333 S. Plant Avenue, Tampa, Florida 33606
susanmullins@tampabay.rr.com

813-205-4900

Education

Master of Arts - April, 1991
University of South Florida, Tampa
Rehabilitation and Mental Health Counseling

Bachelor of Arts - June 1977
Franklin & Marshall College, Lancaster, Pennsylvania
Philosophy

License and Certifications

Licensed Mental Health Counselor #MH 2980 - January 1993
Florida Board of Clinical Social Work, Marriage & Family Therapy & Mental Health Counseling

Qualified Supervisor
Florida Board of Clinical Social Work, Marriage & Family Therapy & Mental Health Counseling

Certified Psychodramatist - April 2008
American Board of Examiners in Psychodrama, Sociometry & Group Psychotherapy

Trainer, Educator & Practitioner of Psychodrama – April 2013
American Board of Examiners in Psychodrama, Sociometry & Group Psychotherapy

Certified Eating Disorder Specialist – February 2015
International Association of Eating Disorder Professionals

Professional Experience

Private Practice – Tampa, Florida

March 1998 to present

- Conduct individual, couples and group sessions.
- Specializations include eating disorders, chemical dependency, trauma issues, PTSD, grief and loss, depression, relationship issues.
- Utilize psychodrama, cognitive behavioral therapy and EMDR in addition to other treatment modalities.
- Conduct workshops and trainings to professional organizations in the community.
- Provide supervision to mental health counselor interns.

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Primary Therapist - Hyde Park Counseling Center – Tampa, Florida

March, 1998 to January, 2016

- Facilitate groups and provide individual therapy to eating disorder & substance abuse clients in residential treatment setting
- Provide psycho education on eating disorders, addictions and related issues.
- Supervise graduate level practicum students and registered MHC interns
- Offer staff in-service trainings.
- Provide EMDR to select clients to work on trauma and negative cognitions.
- Facilitate weekly psychodrama group with residential/PHP clients in treatment.

Outpatient Therapist – Willough Counseling Center – Lakeland, Florida

December 1996 to March 1998

- Created intensive outpatient program for eating disorders.
- Presented to various community groups on eating disorders, wellness and addiction related issues.
- Provided individual and group psychotherapy.

Outpatient Therapist - Clinical Counseling Associates - Lakeland, Florida

July 1995 to December 1996

- Developed intensive outpatient program for adolescent substance abuse.
- Provided individual and group psychotherapy.

Family Program Coordinator - Glenbeigh Health Sources of Tampa

August 1992 to May 1993

- Coordinated family week program for patients on eating disorder and chemical dependency units.
- Provided psycho education to family members and patients on family roles, communication skills, addictions, eating disorders and related issues.
- Facilitated multi-family therapy group.
- Provided training in meditation and stress management.

Primary Therapist - Glenbeigh Health Sources of Tampa

July 1990 to July 1992

- Provided individual and family therapy to residential eating disorder patients.
- Facilitated group psychotherapy.
- Conducted psychoeducation on eating disorder related issues.
- Provided training in meditation and stress management.

Admissions Counselor - Glenbeigh Health Sources of Tampa

June 1988 to July 1990

- Provided telephonic and on-site consultation with patients and family members seeking admission.
- Conducted initial intake and assessment of all patients admitted to the hospital.

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Workshops/Presentations

Sociodrama a Deux: A New Hybrid Using Myth for Connection – August, 2014
International Conference of Psychodrama, Group Psychotherapy and Ground Processes, London, England

Helping Families Step off the Eating Disorders Triangle – June, 2014
South Eastern Eating Disorders Conference, Tampa, FL

Who's in Your Shoes: Working with the Empty Chair – May, 2013
Three hour CEU presentation with Sandra Seeger

Sociodrama A Deux: The Use of Myth for Connection – April, 2013
ASGPP Annual Conference, co-presented with Sandra Seeger

Putting Ethics into Action – February, 2013
Three hour CEU presentation with Sandra Seeger

Moving Moreno's Social Atom into Action with Eating Disorders – February, 2013
South Eastern Eating Disorders Conference, co-presented with Sandra Seeger

Experience Psychodrama: An Introduction – October, 2012
Georgia Chapter of the NASW State Conference, co-presented with Sandra Seeger

Putting the Karpman Drama Triangle into Action with Eating Disorders – February, 2012
South Eastern Eating Disorders Conference, co-presented with Sandra Seeger

Fantasy to Reality: Peter Pan and Sociodrama A Deux – April, 2011
ASGPP Annual Conference

Psychodrama training group, Ongoing – Mar, 2010 to Present
Co-facilitated weekly training group with licensed clinicians

Psychodrama, Sociodrama and Eating Disorders – Sept, 2010
Presented to Counselor Ed graduate students at USF, Tampa

Psychodrama and the Treatment of Eating Disorders – Aug, 2010
Presented to Masters & Doctoral level clinicians at the Eating disorder Network of Central Florida

Reclaiming the Self: Healing Eating Disorders through Psychodrama – July, 2010
Presented to Masters & Doctoral level practitioners at Psychodrama Intensive

The use of role reversal in Clinical Practice – June, 2010
Presented to LCSW's and LCSW interns in private practice setting

Off to See the Wizard: Uncovering Hidden Strengths – April, 2010
Co-presented at the ASGPP Annual Conference

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Eating Disorders, Psychodrama & Sociodrama - April 2010

Presented to Counselor Ed graduate students at USF, Tampa

Off to See the Wizard: Uncovering Hidden Strengths – March, 2010

Presented to Licensed Master and Doctoral level Clinicians in private practice setting

The Use of Doubling in Individual & Group Therapy – October, 2009

Presented to clinical staff at Hyde Park Counseling

Role Theory - September, 2009

Clinical staff in-service training at Hyde Park Counseling

Using Psychodrama Working with Addictions – July, 2009

Presented to Mental Health & Rehabilitation Counseling graduate students at USF, Tampa

Sociometry: Using the Spectrogram & Locogram – May, 2009

Clinical staff in-service training at Hyde Park Counseling

The Social Atom – April, 2009

Presented to clinical staff at Hyde Park Counseling

Stepping into Spring: Nurturing your Relationships – March, 2008

Presented to Masters level clinicians, 3 hour psychodrama on-site for certification

Experiential Therapies for Working with Eating Disorders – June, 2007

Presented to Mental Health and Rehabilitation Counseling Graduate Students at U.S.F., Tampa

Spirituality: Connection in a Disconnected World – October, 2005

One day psychodrama workshop, co-facilitated with Andrea Holmes, LMHC

Feminism and Addictions – September, 2003

Presented to Tampa Bay Association for Women Psychotherapists

Overcoming Body Shame: My Client, Myself – February, 2001

Presented to Tampa Bay Association for Women Psychotherapists

Women and Depression – March, 1999

Presented to staff and students at Florida Southern College

Day of Empowerment - June 1998

One day experiential workshop, private practice location in Dunedin, Florida

Internal vs. External Stress: Does your Personality Style Cause Stress? – March, 1997

Presented to staff and students at Florida Southern College for the Stress Management Symposium

Are you eating food.....or is food eating you? February 1994

Presented to the Florida Rehabilitation Association

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Seascape – June, 1993

One day experiential workshop, presented at private practice location Englewood, Florida

Healing the Inner Child - August 1991

One day experiential workshop, presented at private practice location on Sanibel, Florida

Affiliations

American Society of Group Psychotherapy and Psychodrama
Suncoast Mental Health Counselors Association
International Association of Eating Disorder Professionals

Volunteer Positions

Executive Council -2015 American Society of Group Psychotherapy & Psychodrama
Treasurer – 2014 Local Chapter International Association of Eating Disorder Professionals
Secretary-2011 Local Chapter International Association of Eating Disorder Professionals
Steering Committee Member - 2011 ASGPP Conference in Clearwater Beach, Florida
Program Advisory Board to the Mental Health Counseling Program Argosy University-April 2011
Scholarship Committee - ASGPP - 2007 to 2013
President - Tampa Bay Association for Women Psychotherapists - 2001 to 2002
Secretary & Board Member – Tampa Bay Association for Women Psychotherapist - 1997 to 2001