



Recognizing Early Warning Signs of Mental Illness in Children and Adolescents

*A NAMI Workshop for Teachers, Guardians ad-litem,
Professionals and Caregivers*

November 14, 2009 9:00 a.m. - 4:00 p.m.

**Florida Mental Health Institute
University of South Florida
Westside Conference Center, MHA Building
13301 Bruce B. Downs Blvd., Tampa FL 33612**

REGISTRATION: \$35 on or before Nov 2, 2009
\$50 after Nov 2, 2009

Includes box lunch and CEUs
Seating is limited, register early!

NAMI Florida

316 E. Park Avenue Tallahassee, FL 32301 (850) 671-4445

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CONFERENCE HIGHLIGHTS:

Overview of Mental Illnesses and Treatment

Presenter: Michael Bengtson, MD, Associate Professor, Chief of Child and Adolescent Psychiatry, University of South Florida

Early intervention and treatment is essential for a child's success. This presentation provides information on the biological nature of mental illness, overview of mental illnesses and treatment including medications.

When a Crisis Occurs

Presenter: Mike McAnaney, PhD, LMHC, Chief Clinical Officer, PEMHS

Professionals have unique challenges when facing a child or adolescent who is having a mental health crisis. This presentation will focus on recognizing early warning signs, de-escalation tips and resources.

How Mental Illness Impacts the Family

Presenter: Al Duchnowski, PhD, Deputy Director Research and Training Center for Children's Mental Health

Families with children with mental disorders experience significant challenges on a daily basis. This presentation is designed to help teachers and other professionals understand what these challenges are and how they can best interact with parents and caregivers. Information will also be shared on the different kinds of mental disorders, prevalence rates, and how to obtain additional information and training.

Warning Signs of Children & Adolescents at Risk for Suicide

Presenter: Steve Roggenbaum, MA, Assistant in Research (Faculty), Department of Child and Family Studies, Louis de la Parte Florida Mental Health Institute

This presentation will help teachers, mental health professionals, families and friends recognize the warning sign of suicide.

Panel Discussions: Ask the professionals!

Panel Moderator: Bob Constantine, Ph.D., M.P.H.



University of South Florida ~ FMHI ~ Westside Conference Center, MHA Building
13301 Bruce B. Downs Blvd., Tampa FL 33612, Security Office 813-974-4593 / After Hours Cell 813-230-9839

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REGISTRATION FORM

Saturday, November 14, 2009
9:00 am — 4:00 pm

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Westside Conference Center, MHA Building
13301 Bruce B. Downs Blvd., Tampa FL 33612

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NAMI Florida
Attn: Mental Health Education Seminar
316 E. Park Ave
Tallahassee, FL 32301
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Email: rorobaker5@hotmail.com

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Parking Information

USF POLICY REQUIRES PARKING PERMITS FOR ALL VEHICLES PARKED ON CAMPUS, 24 HOURS A DAY, 7 DAYS A WEEK.

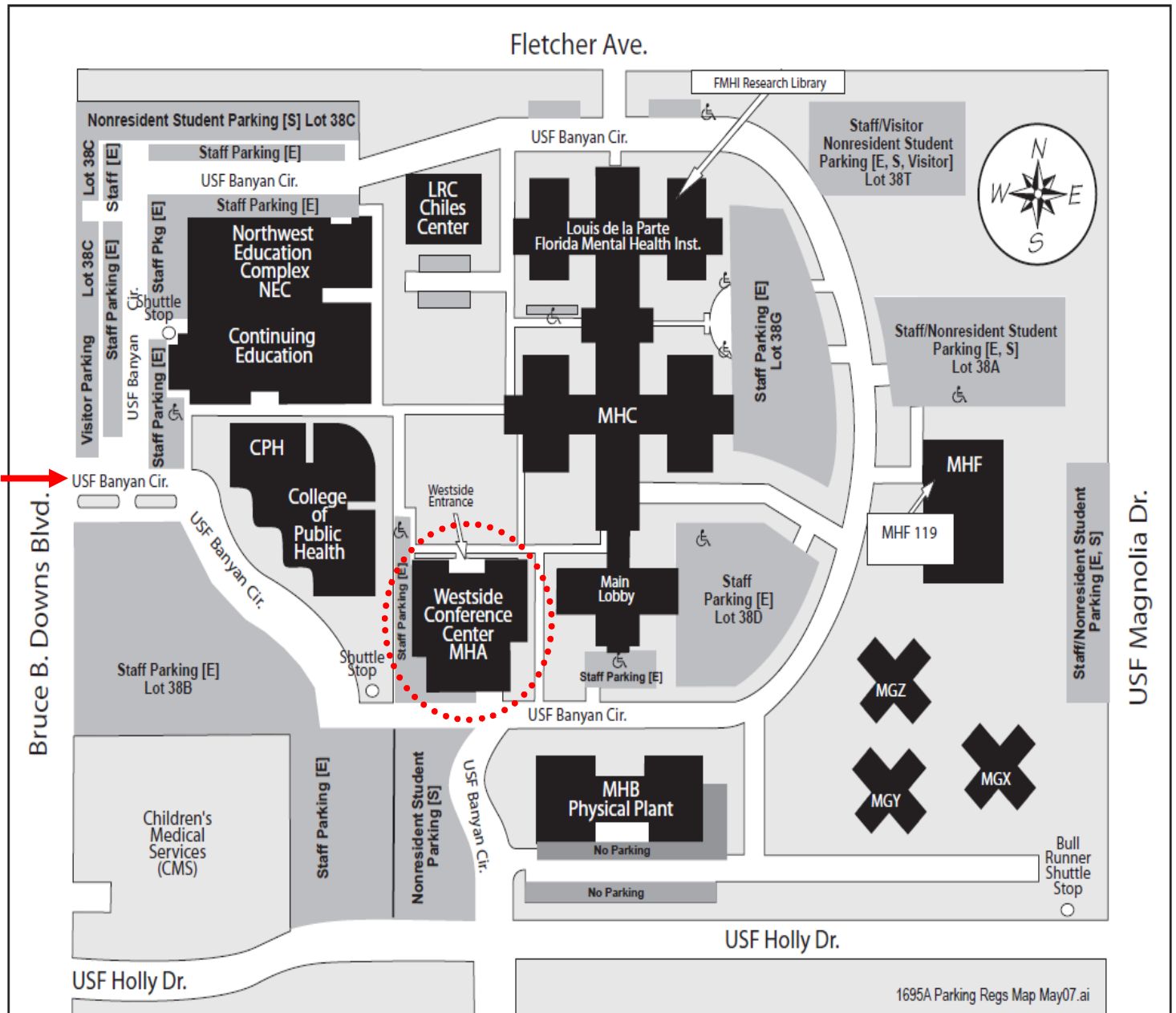
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Security Office 813-974-4593 / After Hours Cell 813-230-9839
Directions & Campus Map: <http://home.fmhi.usf.edu/AboutFmhi/AboutFMHI.cfm>

**Westside Conference Center, MHA Bldg located on USF Banyan Circle **



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Robert (BOB) Constantine, PhD, MPH is a Research Associate Professor in the Department of Mental Health Law and Policy at the Louis De La Parte Florida Mental Health Institute, University of South Florida. He received a Ph.D. in Sociology from Florida State University and more recently a Masters in Public Health from the University of Connecticut. During his more than 30 years in the mental health field Constantine managed behavioral health care services at a wide variety of levels. His early years were spent in Florida's Department of Health and Rehabilitative Services where he managed a state forensic hospital, served as the Director of Mental Health and Substance Abuse Services on two different occasions and as District Administrator responsible for all state supported health and human services in southwest Florida. More recently Constantine served as the CEO of the Florida Council For Behavioral Healthcare, a trade association of community based behavioral health care providers. In this capacity he helped frame state policy and advocated for the resources needed to improve the performance of Florida's mental health system. Dr Constantine moved to the Florida Mental Health Institute in May of 2004. Since that time he has served as principle investigator for the administrative data component of a large managed care evaluation, the Behavioral Pharmacy Management Program and the Medicaid Drug Therapy Management Program for Behavioral Health. The latter two projects were multi- million dollar studies/interventions funded by the pharmaceutical industry and the State of Florida respectively.



Michael Bengtson, MD, is an Associate Professor, Chief of Child and Adolescent, Psychiatry at the University of South Florida. Dr. Bengtson received his MD from the University of Alabama School of Medicine, and did his general and child psychiatry training at the University of Florida. He is board certified in general and child and adolescent psychiatry, and is currently an Associate Professor and Chief of Child Psychiatry in the Department of Psychiatry at the University of South Florida. His areas of interest include, serious mental disorders impacting children and adolescents including autism and schizophrenia. Additionally he has been involved in research regarding the use and adverse effects of the antipsychotic medications often used in the treatment of serious mental disorders.



Mike McAnaney, PhD, earned his PhD in Counselor Education from the University of Florida. He has held numerous positions in the public and private sectors in behavioral healthcare administration, marketing, consultation and managed care administration. He was Training Director of the USOE Southeast Regional Training Center at the University of Miami and Director of Managed Care, FPM Behavioral Health in Orlando. As a part of the Disney contract he was involved in establishing the first EAP program at Walt Disney World. During this period he also established Mainstream, the first free standing partial hospitalization program for adolescents in Florida. Dr. McAnaney lived in Nashville, Tennessee for 13 years. During this time he was HCA Psychiatric Company's Clinical Services Consultant for adolescent services; President of Occupational Health Consultants of America and Account Director for First Health Services. From 2002-2006 he served on the faculty of the Department of Psychiatry at the University of Florida as a faculty administrator. He has developed and supervised child and adolescent school programs in three psychiatric hospitals and residential treatment programs. He is currently Chief Clinical Officer for Children's Services at PEMHS, Pinellas Park, Florida.

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Albert (AL) Duchnowski, PhD has a doctorate in clinical child psychology from Vanderbilt University with a minor concentration in special education. He is a professor with a joint appointment in the Department of Child and Family Studies and the Department of Special Education at the University of South Florida. He has been with the Research and Training Center for Children's Mental Health since 1985 and currently serves as a Deputy Director for the Center. Previously he was Director of Special Education for a school district in Pennsylvania. He has numerous publications in peer-reviewed journals, has co-edited four books on children's mental health including *Outcomes for children and youth with behavioral and emotional disorders and their families: programs and evaluation best practices*, which is in its second edition, and is on the editorial board of four journals. He has been Principal Investigator on several federal grants investigating issues related to children who have emotional disabilities and their families, school reform, and evidence-based interventions. In addition he is one of the founders of the Federation of Families for Children's Mental Health, and served on their Board of Directors for 12 years. He currently is president of the Board of Directors for the Hillsborough County chapter of the Federation of Families for Children's Mental Health and served as vice-president of the Hillsborough County chapter of NAMI for 10 years.



Steve Roggenbaum, MA is a faculty member at the Louis de la Parte Florida Mental Health Institute, University of South Florida. Mr. Roggenbaum's two primary areas of research include suicide prevention and child welfare. Mr. Roggenbaum was appointed by Governor Crist in 2007 as a member of the Florida Suicide Prevention Coordinating Council, which serves in an advisory capacity to the Statewide Office of Suicide Prevention. The Council works with the Statewide Office of Suicide Prevention to develop and implement the statewide strategy and assist communities in carrying out local suicide prevention efforts.

Mr. Roggenbaum also serves on a community suicide prevention task force in Pasco County, has consulted with several Florida school districts, and has presented on suicide prevention at several national conferences, Florida suicide prevention conferences, Florida's school social worker conference, and Kentucky and Maryland's state suicide prevention conferences. Additionally, he was part of the team that researched, designed, and crafted the Youth Suicide Prevention School-Based Guide. Mr. Roggenbaum developed and teaches *Suicide Issues In Behavioral Healthcare*, an undergraduate course for the Behavioral Health Care Minor at USF.