

## **Britney Veal**

College of Behavioral and Community Sciences  
University of South Florida  
4202 E. Fowler Ave., MHC1316A  
Tampa, FL 33620  
britneyv@usf.edu

### **EDUCATION**

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- 2020-Present      **Doctor of Philosophy** Aging Studies  
University of South Florida, Tampa, Florida  
Advisor: Dr. Ross Andel
- 2017-2019        **Bachelor of Arts** Psychology  
Magna Cum Laude, Dean's List Fall 2017- Spring 2019  
University of South Florida, Tampa, Florida
- 2014-2017        **Associate in Arts** Liberal Arts  
Polk State College, Lakeland, Florida

### **PUBLICATIONS AND PRESENTATIONS**

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#### **Research Publications**

- Veal, B. M.**, Mu, C. X., Small, B. J., & Lee, S. (2021). Subjective cognitive abilities correlate with poor sleep among day-shift and night-shift nurses. *Journal of Sleep Research*.  
<https://doi.org/10.1111/jsr.13359>
- Rouse, H. J., Jin, Y., Hueluer, G., Huo, M., Bugos, J. A., **Veal, B.**, Torres, M., Peterson, L., Dobbs D., & Meng, H. (2021). Music Engagement and Episodic Memory among Middle-Aged and Older Adults: A National Cross-Sectional Analysis. *The Journals of Gerontology: Series B*. <https://doi.org/10.1093/geronb/gbab044>

#### **Manuscripts in Progress**

- Veal, B.**, Sadeq, N., Atkinson, T., & Andel, R. (In preparation). Who Volunteers? Results from a Regular Cognitive Monitoring Study.
- Veal, B.**, Boddupalli, S., Dobbs, D., Lee, S., Bugos, J., Pyfrom, M., Patterson, W., Lengacher, C., Monaco W., & Meng, H (In preparation). Feasibility and Acceptability of a Group Music Intervention for Persons with Dementia in Memory Care.
- Veal, B.**, & Andel, R. (In preparation). Association Between Retirement and Trajectory of Change in Cognition among Community-Dwelling Older Adults: Effect of Sociodemographic Confounders.

#### **Poster Presentations**

- Veal, B.** (2020, November). *Better Night's Sleep and Subjective Cognition: The Role of Day and Night Work Shift*. Poster presentation at The Gerontological Society of America, online.
- Veal, B.** (2019, April). *Volunteering and Cognition in Older Adults*. Poster session presented at University of South Florida Undergraduate Research Conference, Tampa, Florida.

**Veal, B.** (2018, October). *Explore your Passion through Undergraduate Psychology Internships at USF*. Poster session presented at the 6<sup>th</sup> University of South Florida Psychology Expo, Tampa, Florida.

## **RESEARCH EXPERIENCE**

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2021

### **Research Assistant**

Supervisor: Kathy Black, Ph.D.

AARP Equity & Healthy Aging Project

- Review reading materials for organizational groups (i.e., AARP, NACHHO, TFAH, WHO) that support healthy aging and health equity
- Synthesis findings from literature review regarding frameworks, community planning/assessments, and health equity
- Develop a toolkit report for health equity and healthy aging

2021

### **Research Assistant**

Supervisor: Brent Small, Ph.D.

Assessment of Cognition Performance in Adolescent and Young Adult Cancer Survivors

- Review IRB protocol
- Create app layout on Excel
- Assist with recruitment and data collection
- Assist with scheduling and troubleshooting needs for participants

2020

### **Research Lab Manager**

Supervisor: Hongdao Meng, Ph.D.

Positive Aging Lab (PAL), School of Aging Studies; University of South Florida, Tampa, Florida

- Edited IRB protocol and study proposal
- Oversee all undergraduate research assistants
- Developed a caregiver and facilitator manual
- Assisted with data collection and data management for a music mindfulness intervention.

2019-2020

### **Research Assistant**

Supervisor: Soomi Lee, Ph.D.

Sleep, Stress, and Health (Stealth) Lab, School of Aging Studies; University of South Florida, Tampa, Florida

- Configured, downloaded, and scored data from actigraphy watches using Actiware
- Obtained informed consent and recruited participants from two study sites
- Inputted data into Excel spreadsheets
- Communicated directly with participants in person and via phone and email for scheduling, checking in, and troubleshooting needs

- 2018-2020                    **Research Assistant**  
Supervisor: Ross Andel, Ph.D.  
Cogstate Lab, School of Aging Studies, University of South Florida;  
Tampa, Florida
- Administered the Telephone Interview for Cognitive Status (TICS) and the Montreal Cognitive Assessment (MoCA)
  - Developed surveys through Qualtrics and coded and inputted data
  - Composed and tracked monthly participant emails
  - Utilized Publisher to design bi-annual newsletters for participants
- 2018-2019                    **Research Assistant**  
Supervisor: Geoffrey Potts, Ph.D.  
Cognitive Electrophysiology Lab, Department of Psychology, University of South Florida; Tampa, Florida
- Application and cleaning process for an EGI-128 channel EEG cap
  - EEG data preprocessing by identifying excessive eye blinks and muscle movement
  - Obtained informed consent
  - EEG data recording using Netstaton and behavioral data collection using E-prime
  - Contributed to a literature review on mindfulness and attention
  - Assisted with data analysis using Netstation Review

## **TEACHING EXPERIENCE**

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### **Graduate Teaching Assistant**

*University of South Florida; Tampa, FL*

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|-------------|--|
| Fall 2020   | Psychology of Aging (GEY4612)<br><u>Instructor:</u> Soomi Lee, Ph.D.     |
| Fall 2020   | Psychology of Aging (GEY4612)<br><u>Instructor:</u> Gizem Hueluer, Ph.D. |
| Spring 2021 | Psychology of Aging (GEY4612)<br><u>Instructor:</u> Gizem Hueluer, Ph.D. |
| Spring 2021 | Psychology of Aging (GEY4612)<br><u>Instructor:</u> Gizem Hueluer, Ph.D. |
| Summer 2021 | Psychology of Aging (GEY4612)<br><u>Instructor:</u> Elise Valdes, Ph.D.  |

## **AWARDS**

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| 2019 | Excellence in Undergraduate Research Award<br><u>Poster:</u> <i>Volunteering Among Older Adults</i><br>University of South Florida; Tampa, FL |
| 2016 | East Polk County Association of Realtors (EPCAR) Scholarship  |
| 2016 | Alice and George Moore Trust Scholarship  |

## **RELEVANT SKILLS**

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- Computer skills: proficient in Microsoft Software, Qualtrics, Statistical Package for the Social Sciences (SPSS), Statistical Analysis Software (SAS), Actiware, and Dr. Orfeu Buxton's (Penn State) Actigraphy Scoring GUI
- Neuropsychological testing: trained to administer TICS, MoCA, K-TEA, WISC-V, and Beck Youth Inventories
- Physiological testing: trained to use EEG measures

## **PROFESSIONAL AFFILIATIONS**

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2018-Present            Psi Chi: International Honor Society in Psychology

## **PROFESSIONAL DEVELOPMENT**

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2019            **Attendee**, SAS Basics Bootcamp  
University of South Florida; Tampa, FL

2017            **Attendee**, Getting Started in Undergraduate Research Workshop  
University of South Florida; Tampa, FL

2017            **Attendee**, Researching a Mentor Workshop  
University of South Florida; Tampa, FL

## **CERTIFICATIONS**

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2020            **Social/Behavioral Investigators and Key Personnel - Refresher Course**  
Collaborative Institutional Training Initiative (CITI Program)

2020            **Social and Behavioral Research Best Practices for Clinical Research**  
(CITI Program)

2020            **Social and Behavioral Responsible Conduct of Research**  
(CITI Program)

2018            **Mental Health First Aid USA**  
Department of Mental Health, Law & Policy, University South Florida; Tampa, FL

2018            **Human Research Social/Behavioral Investigators and Key Personnel**  
(CITI Program)

2016            **Early Childhood Certificate for four-year program**  
Lake Region High School; Eagle Lake, FL

## **OTHER PROFESSIONAL EXPERIENCE**

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2018-2019            Neuropsychology Intern  
Supervisor: Katherine Hittel, Psy.D.

- Observed administration of effort test, learning disability, ADHD, IQ, Academic, and Autism assessments
- Administered the Kauffman Test of Educational Achievement (K-TEA), Wechsler Intelligence Scale for Children (WISC-V) assessment, and Beck Youth Inventories

- Shadowed intake and feedback sessions with parents
- Wrote multiple intake reports

## **COMMUNITY SERVICE**

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|-----------|--|
| 2018      | Homewood Residence Memory Care Facility Patient Care Volunteer <ul style="list-style-type: none"> <li>• Provided companionship to residents through facilitation of arts and crafts, BINGO, pet visits, exercise, and lunch</li> </ul> |
| 2016-2017 | Alzheimer's Association Educator and Volunteer <ul style="list-style-type: none"> <li>• Observed memory screenings and group therapy with dementia caregivers and their loved ones</li> </ul>  |
| 2012-2017 | Garner Elementary Teaching Aid Volunteer <ul style="list-style-type: none"> <li>• Tutored students and assisted with grading assignments</li> </ul>  |
| 2012-2016 | Pinewood Elementary Teaching Aid Volunteer <ul style="list-style-type: none"> <li>• Coordinated tutoring small groups and helped with grading assignments</li> </ul>   |
| 2015      | The Mission Volunteer <ul style="list-style-type: none"> <li>• Serviced those in need with hot meals</li> </ul>  |