


# Victoria R. Marino

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## *Education*

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2016 - present      **Ph.D. in Aging Studies**  
School of Aging Studies  
University of South Florida, Tampa, FL

Dissertation: “Multidimensional Well-Being Across Time Scales in Caregivers and Matched Non-Caregivers”  
(*Co-Chairs*: William E. Haley, Soomi Lee, *Committee*: David M. Almeida, Brent J. Small, & Victor Molinari)

2016                    **B.A. in Gerontology, Minor in Behavioral Healthcare**  
*Summa Cum Laude*  
School of Aging Studies  
University of South Florida, Tampa, FL

## *Ongoing Research Support*

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Ruth L. Kirschstein National Research Service Award Individual Predoctoral Fellowship

Date: 09/10/2020-09/09/2022

Funded by: National Institutes of Health      Amount: \$36,231

## *Peer Reviewed Publications*

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1. **Marino, V. R.**, Haley, W. E., & Roth, D. L. (2017). Beyond hedonia: A theoretical reframing of caregiver well-being. *Translational Issues in Psychological Science*, 3(4), 400-409. <https://doi.org/10.1037/tps0000134>
2. Badana, A. N. S., **Marino, V.**, & Haley, W. E. (2019). Racial differences in caregiving: Variation by relationship type and dementia care status. *Journal of Aging and Health*, 31(6), 925-946. <https://doi.org/10.1177/0898264317743611>

3. Lengacher, C. A., Reich, R. R., Ramesar, S., Alinat, C. B, Moscoso, M., Cousin, L., **Marino, V. R.**, Elias, M. N., Paterson, C. L., Pleasant, M. L., Rodriguez, C. S., Wang, H. L., Kip, K. E., Meng, H., & Park, J. Y. (2018). Feasibility of the mobile mindfulness-based stress reduction for breast cancer (mMBSR(BC)) program for symptom improvement among breast cancer survivors. *Psycho-Oncology*, 27(2), 524-531. <https://doi.org/10.1002/pon.4491>
4. Haley, W. E., **Marino, V. R.** Sheehan, O. C., Rhodes, J. D., Kissela, B., & Roth, D. L. (2019). Stroke survivor and family caregiver reports of caregiver engagement in stroke care, *Rehabilitation Nursing*, 44(6), 302-310. <https://doi.org/10.1097/rnj.000000000000100>
5. Badana, A. N. S., **Marino, V. R.**, Templeman, M. E., McMillan, S. C., Toftagen, C. S., Small, B. J., & Haley, W. E. (2019). Understanding the roles of patient symptoms and subjective appraisals in well-being among breast cancer patients. *Supportive Care in Cancer*, 21(11), 4245-4252. <https://doi.org/10.1007/s00520-019-04707-2>
6. Conner, K. O., Meng, H., **Marino, V.**, & Boaz, T. L. (2020). Individual and organizational factors associated with hospital readmission rates: Evidence from a U.S. national sample. *Journal of Applied Gerontology*, 39(10), 1153-1158. <https://doi.org/10.1177/0733464819870983>
7. Liu, C., **Marino, V.**, Sheehan, O. C., Huang, J., Haley, W. E., & Roth, D. L. (2020). Association between caregiver engagement and patient-reported healthcare utilization after stroke: A mixed-methods study. *Topics in Stroke Rehabilitation*, 27(1), 1-7. <https://doi.org/10.1080/10749357.2019.1659640>
8. **Marino, V. R.**, Badana, A. N. S., & Haley, W. E. (2020). Care demands and well-being of primary and secondary non-spousal caregivers of aging adults. *Clinical Gerontologist*, 43(5), 558-571. <https://doi.org/10.1080/07317115.2020.1759748>

### *In Press*

1. Meng, H., **Marino, V. R.**, Conner, K. O., Sharma, D., Davis, W. S., & Glueckauf, R. L. (2019). Effects of in-person and telephone-based cognitive behavioral therapies on health services use and expenditures among African-

American dementia caregivers with depressive symptoms. *Ethnicity and Health*, Advance online publication.  
<https://doi.org/10.1080/13557858.2019.1590536>

2. **Marino, V. R.**, Hyer, K. Hamilton, L. Wenders, A. & Andel, R. Evaluation of a quality improvement initiative to increase rates of advance directive conversation documentation in primary care. *Geriatric Nursing*, Advance online publication. <https://doi.org/10.1016/j.gerinurse.2020.09.004>

### *In Preparation*

1. **Marino, V. R.**, Lee, S., Haley, W. E. Poor sleep health in informal caregivers mediated by depressed affect. In preparation for submission to *Journals of Gerontology: Series B*.
2. **Marino, V. R.**, Jester, D. J., & Haley, W. E. Caregiving exposure and cognition: A propensity-matched, 10-year, follow-up. In preparation for submission to *The Gerontologist*.

### *Other Publications*

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1. **Marino, V. R.**, & Haley, W. E. (2015, November 13). Surprise! Caregiving helps the caregiver, too. *Psychology Benefits Society*.  
<https://psychologybenefits.org/2015/11/13/surprise-caregiving-helps-the-caregiver-too/>

### *Conference Presentations*

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1. Haley, W. E., **Marino, V. R.**, Sheehan, O. C., & Roth, D. L. (2015, August). Longitudinal changes in well-being among stroke survivors and family caregivers. Presented at the meetings of the American Psychological Association, Toronto, Ontario, Canada.
2. **Marino, V. R.**, Badana, A. N. S., & Haley, W. E. (2016, November). Correlates of perceived lack of choice in providing care: Results from a population based study. Poster presented at the annual meeting of the Gerontological Society of America, New Orleans, LA.
3. Badana, A. N. S., **Marino, V. R.**, Haley, W. E. (2016, November). Racial differences in caregiving: Objective stressors, caregiver health, and service

use. Poster presented at the annual meeting of the Gerontological Society of America, New Orleans, LA.

4. **Marino, V. R.**, Haley, W. E., & Roth, D. L. (2018, August). Who will care for me? Predictions of caregiver availability pre-stroke. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
5. **Marino, V. R.**, Badana, A. N. S., & Haley, W. E. (2018, November). Stress, strain, and health among primary and secondary caregivers. Poster presented at the annual meeting of the Gerontological Society of America, Boston, MA.
6. Badana, A. N. S., **Marino, V. R.**, Templeman, M., Tofthagen, C., McMillan, S., Small, B., & Haley, W. E. (2018, November). Understanding the roles of patient symptoms and subjective appraisals in well-being among breast cancer patients. Poster presented at the annual meeting of the Gerontological Society of America, Boston, MA.
7. **Marino, V. R.**, Jester, J. D., & Haley, W. E. (2019, August). Is caregiving status associated with change in executive function over time? Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
8. **Marino, V. R.**, Jester, J. D., & Haley, W. E. (2019, November). Caregiving exposure and cognition: A propensity-matched, 10-year follow-up. Poster presented at the annual meeting of the Gerontological Society of America, Austin, TX.
9. Templeman, M. E., Vogel, C. E., Dobbs, D., **Marino, V. R.**, & Haley, W. E. (2019, November). Advance care planning assignments in undergraduate courses: Examining stress appraisals, coping, and responses. Poster presented at the annual meeting of the Gerontological Society of America, Austin, TX.
10. **Marino, V. R.**, Soomi, L., & Haley, W. E. (2020, August). Poor sleep health in informal caregivers mediated by depressed affect. Poster presented at the annual meeting of the Associated Professional Sleep Societies, Virtual Meeting, Virtual Meeting.

11. **Marino, V. R.**, Templeman, M. E., Schonwetter, R. S., Dobbs, D., & Haley, W. E. (2020, November). Factors predicting short length of stay in hospice patients with a primary diagnosis of stroke. Poster presented at the meeting of the Gerontological Society of America, Virtual Meeting.

### ***Research Experience***

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2013 – 2016      **Role:** Undergraduate Research Assistant  
School of Aging Studies, University of South Florida  
Mentor: William Haley, PhD

**Projects:** 1) spirituality, caregiving, and the stress process 2) positive aspects of caregiving and caregiver well-being 3) stroke survivor and family caregiver reports of caregiver engagement in stroke care

2018 – 2020      **Role:** Researcher  
LifePath Hospice and the USF School of Aging Studies  
Supervisors: William Haley, PhD; Ron Schonwetter, MD

**Projects:** 1) characterizing Hospice patients with a primary diagnosis of stroke and their informal caregivers

### ***Professional Activities***

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2016 – present      **Role:** Ad hoc reviewer for peer-reviewed journals

- *The Journal of Gerontology: Psychological Sciences*
- *Psychological Services*
- *Home Health Care Services Quarterly*
- *Journal of Aging and Health*
- *Journal of Aging and Mental Health*
- *Journal of Applied Gerontology*
- *The Gerontologist*
- *Psychology and Aging*

2015 – 2016      **Role:** Intern, Memory Screening Administrator  
USF Alzheimer's Byrd Institute, Tampa, FL  
Supervisor: Theresa Crocker, PhD

**Projects:** 1) Development of the Community Based Memory Screening Program: conducted memory screenings using the Montreal Cognitive Assessment and gave results and recommendations to participants; used REDCap to manage participant data; identified potential clinical trial participants 2) Family caregiver education: created educational handouts on topics not yet addressed for distribution to patients and families (e.g., reducing risk of Alzheimer's and dementia in minority populations)

2019 – present      **Role:** Meals on Wheels Volunteer

### ***Training & Professional Development***

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2012 – present      **Training in Research Ethics, Social / Behavioral Investigators and Key Personnel, Collaborative Institutional Training Initiative (CITI)**

2016                      **Teaching Assistant Training, University of South Florida, Tampa, FL**

2018                      **Cornell Translational Research Summer Institute, Cornell University, Ithaca, NY**

2020                      **Communicating Science for Impact Workshop, University of South Florida, Tampa, FL**

2019 – 2020              **Graduate Certificate in Evaluation, University of South Florida, Tampa, FL**

#### *Coursework*

Theory & Practice of Program Evaluation (EDF 7485)  
Supervised Practicum in Applied Evaluation (EDF 7940)  
Metaevaluation (EDF 7462)

#### *Products*

**Marino, V. R.**, Newsome, A., Roberts, M., Lindsey, L., Almulhim, S. (2019). *Teacher educator program at the Tampa Museum of Art: Evaluation proposal*. Florida, USA.

Roberts, M., **Marino, V. R.**, Almulhim, S., & (2020). *Collaborative evaluation of a psychoeducational program for*

*caregivers or persons with dementia: Final evaluation report.*  
Florida, USA: Evaluation client (client requested confidentiality).

Rodríguez-Campos, L., Alfaihi, A., Alsubaihi, M., Almulhim, S., Alzahrane, Alzahrani, S., M., Cao, Y., Cusanno, G., Feola, S., Liu, S., **Marino, V. R.**, Mcalpin, J., Michels, J., Nixon, S., Olivas, R., Pagliro, K., Rocabado, G., Roberts, M., & Thoman, S. (2020). *Four evaluations of programs to enhance education and well-being in youth and adults: A collaborative metaevaluation.* Florida, USA: Evaluation client (client requested confidentiality).

2016 – present     **Training in Research Software**  
SAS Statistical Software Version 9.4  
EndNote Version 8  
SPSS Statistical Software Version 23  
REDCap

2016 – present     **Selected Graduate Coursework**  
Grant Writing (GEY 7404)  
Multivariate Statistics in Aging Research (GEY 6403)  
Statistical Analysis for Educational Research III (EDF 7484)  
Statistical Methods in Aging Research (GEY 6402)  
Computer Applications for Public Health Researchers (PHC 6701)  
Applied Multilevel Modeling in Education (EDF 7474)  
Engineering Analytics 1 (ESI 4606) (audit)

### ***Professional Affiliations***

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2018 – present     British Society of Gerontology  
2016 – present     APA Division 20: Adult Development and Aging  
2015 – present     Gerontological Society of America  
2015 – present     Student Association for Aging Studies (University of South Florida)

### ***Leadership, Scholarship, & Awards***

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2014                     The Moms Project Scholarship

College of Behavioral and Community Sciences, University of South Florida

- 2015 Wiley P. Mangum Scholarship  
School of Aging Studies, University of South Florida
- 2016 *Summa Cum Laude*  
University of South Florida
- 2012 – 2016 USF Green & Gold Scholars Award  
University of South Florida
- 2017 –2018 APA Division 20 Executive Board Student Representative
- 2017- 2018 Treasurer, Student Association for Aging Studies  
School of Aging Studies, University of South Florida
- Spring 2019 Greely Endowed Fellowship in Aging Studies  
School of Aging Studies, University of South Florida
- 2018- 2020 President, Student Association for Aging Studies  
School of Aging Studies, University of South Florida

### ***Teaching Experience***

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- 2017 – 2020 **Instructor**  
University of South Florida
- 2017, Summer *Introduction to Aging Sciences* (GEY 2000)
  - 2017, Fall *Research Methods in Aging* (GEY 4401)
  - 2018, Spring *Introduction to Aging Sciences* (GEY 2000)
  - 2018, Fall *Introduction to Aging Sciences* (GEY 2000)
  - 2019, Spring *Introduction to Aging Sciences* (GEY 2000)
  - 2019, Summer *Introduction to Aging Sciences* (GEY 2000)
  - 2019, Fall *Research Methods in Aging* (GEY 4401)
  - 2020, Summer *Introduction to Aging Sciences* (GEY 2000)
- 2016 – 2018 **Teaching Assistant**



University of South Florida

- 2016, Fall *Psychology of Aging* (GEY 4612)
- 2017, Spring *Psychology of Aging* (GEY 4612)
- 2018, Summer *Psychology of Aging* (GEY 4612)

***Research Interests***

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My research interests fall into three broad categories: (1) the stress process, (2) caregiving, and (3) end of life

- The stress process: stressor reactivity; stress and coping; physiological stress response; resilience
- Caregiving: the caregiving system; caregiving motivations; caregiver stress; health and well-being outcomes of caregiving (e.g., quality of life, depression, cognition, sleep health); positive aspects of caregiving
- End of life: advance care planning; end of life care in stroke; timing of Hospice admission