

# TAYLOR F. D. VIGOUREUX

*Formerly (2015-2018), Taylor F. Drury*

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PhD Candidate, School of Aging Studies, University of South Florida  
4202 E. Fowler Avenue, MHC 1304A, Tampa, FL 33620

## RESEARCH INTERESTS

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Stress; sleep; well-being; affect; cancer survivorship; quality-of-life; aging across the lifespan; micro-longitudinal methods (e.g., daily diary, ecological momentary assessment, actigraphy); allostatic load; nurses; middle-aged workers; multilevel modeling

## EDUCATION

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- 2017 – 2022 (Expected)      **Doctor of Philosophy** Aging Studies  
University of South Florida, Tampa, Florida  
Dissertation: Individual and Joint Effects of Daily Sleep and Stress on Daily Well-being Among Cancer Survivors  
Advisors: Drs. Soomi Lee and Brent Small
- 2014 – 2016                      **Bachelor of Science** Psychology  
University of North Florida, Jacksonville, Florida  
Thesis: Self-Monitoring and Romantic Jealousy: The Public versus Private Nature of Infidelity  
Chair: Dr. Christopher Leone

## RESEARCH

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### Research & Professional Experience

Manager, **Sleep, Stress, & Health (STEALTH) Lab**      *January 2019 (Origination) – Present*  
University of South Florida, Tampa, FL  
*Principal Investigator: Soomi Lee, Ph.D.*

- Built the lab from the ground up, establishing standard operating procedures, hiring research assistants, and ensuring smooth day-to-day productivity
- Cultivated a family-like, collaborative environment, allowing every member to contribute their personal strengths to form a cohesive and productive unit
- Trained, oversaw, and mentored 20+ undergraduate in coordinating data collection, analyzing data, writing manuscripts, developing conference presentations, presenting findings to the general public, maintaining professionalism, and establishing a career path
- Planned and orchestrated successful participant recruitment and data collection for more than 180 oncology nurses and direct-care workers for a multi-site, three-part study on sleep health and work performance (including ecological momentary assessments and actigraphy)

- Transformed a complex, three-part study protocol to fully-remote during the COVID-19 pandemic through problem solving and time management skills
- Cleaned and managed data for intensive repeated measures (up to 4 times per day) data and regularly conducted complex statistical analyses such as multilevel modeling and generalized linear mixed models
- Learned, taught, and participated in scoring sleep actigraphy data, demonstrating an ability to learn new technologies, software, and coding techniques
- Co-authored four manuscripts for undergraduate research assistants that are currently in various stages of writing or submission for publication

Research Trainee, **Health Outcomes and Behavior Program**

*January 2018 – Present*

Moffitt Cancer Center, Tampa, FL

Supervisors: Heather Jim, Ph.D., Brent Small, Ph.D., & Brian Gonzalez, Ph.D.

- Supported the development of an IRB proposal for a project on cognition in adolescents and young adults with cancer
- Attended weekly meetings and contributed to critiquing conference presentations, results sections, grants, and other miscellaneous work
- Co-organizer of “Staying Connected” initiative, a virtual network of research-related and non-research-related interest groups, during the COVID-19 pandemic
  - Introduction to Coding Interest Group – presenter
  - Survivorship and Quality of Life in Cancer Interest Group – leader and presenter
- Participated in regular trainings related to responsible conduct of research and professional development
  - The Scientist as a Responsible Member of Society – Susan Vadaparampil, Ph.D.
  - Removing the Power of your Bias – Desirée Chachula, Ph.D.
  - Human Subjects in Research - Georgomaly Estronza, M.S., C.I.P.
  - Patient Researcher Forum – Presentation from Three Metastatic Breast Cancer Patients Sharing their Cancer Journey to Inspire Research
  - Elevator Pitch Workshop

Lab Coordinator, **Functional Near-Infrared Spectroscopy (fNIRS) Lab** *July 2016 – May 2017*

University of North Florida, Jacksonville, FL

Supervisor: Katherine Hooper, Ph.D.

- Trained myself and others how to use fNIRS equipment and potential research applications
- Managed all administrative duties including scheduling, website management, etc.
- Completed and submitted an IRB proposal for a project on the valence hypothesis
- Conducted literature reviews on fNIRS and valence hypothesis
- Mentored lab members on the development of research posters and presentations

Research Assistant, **Person by Situation Research Team**

*January 2015 – May 2017*

University of North Florida, Jacksonville, FL

Supervisor: Christopher Leone, Ph.D.

- Facilitated data collection for eighty participants, cleaned raw data, and wrote a method section for a MA student's thesis
- Developed my own study and successfully wrote my undergraduate honors thesis based on my findings
- Conducted literature reviews on and psychometric evaluations for measures of self-monitoring, attachment style, romantic jealousy, and sociosexual orientation
- Peer-reviewed posters, presentation abstracts, and manuscripts and trained lab members on effective conference networking
- Gained proficiency in an online participant pool system (SONA)

### Manuscripts

**Vigoureux, T. F. D.,** Mu, C. & Lee, S. (2021). Making the most of adversity: A fully-remote ecological momentary assessment and actigraphy recruitment protocol. *Manuscript under review*.

**Vigoureux, T. F. D.** & Lee, S. (2021). Individual and joint associations of daily sleep and stress with daily well-being in hospital nurses: An ecological momentary assessment an actigraphy study. *Journal of Behavioral Medicine, 44*(3), 320-332.  
<https://doi.org/10.1007/s10865-021-00207-z>

**Vigoureux, T. F. D.,** Nelson, M. E., Andel, R., Small, B. J., Dávila-Roman, A. L., & Crowe, M. (2021). Job strain and late-life cognition: Findings from the Puerto Rican Elderly Health Conditions Study. *Journal of Aging and Health, 33*(3-4), 273-284.  
<https://doi.org/10.1177/0898264320977329>

Lee, S., **Vigoureux, T. F.,** Hyer, K., & Small, B. J. (2020). Prevalent insomnia concerns and perceived need for sleep intervention among direct-care workers in long-term care. *Journal of Applied Gerontology*. <https://doi.org/1177/0733464820978612>

**Vigoureux, T. F. D.,** Lee, S., Buxton, O. M., & Almeida, D. M. (2019). Stressor reactivity to insufficient sleep and its association with body mass index in middle-aged workers. *Journal of Sleep Research, 29*(6), e12955. <https://doi.org/10.1111/jsr.12955>

Fugelstad, P. T., Leone, C. A., & **Drury, T.** (2019). Protective and acquisitive self-monitoring differences in attachment anxiety and avoidance. *Self and Identity, 2*(19), 219-234.  
<https://doi.org/10.1080/15298868.2019.1570969>

### Conference Presentations (\*remote conference due to COVID-19)

**Vigoureux, T. F.,** Nelson, M. E., Andel, R., Small, B. J., Dávila-Roman, A. L., & Crowe, M. *Job strain and late-life cognition: Findings from the Puerto Rican Elderly Health Conditions Study*. Poster presented at the Gerontological Society of America Conference, Philadelphia, PA\*

- Joshi, R., **Vigoureux, T. F.**, & Lee, S. (2020, November). *Daily Stressors Degrade Perceived Cognitive Abilities in Healthcare Professionals*. Poster presented at the Gerontological Society of America Conference, Philadelphia, PA\*
- Richardson, C., **Vigoureux, T. F.**, & Lee, S. (2020, November). *Emotional tone of dreams and daily affect*. Poster presented at the Gerontological Society of America Conference, Philadelphia, PA\*
- Harris, T., **Vigoureux, T. F.**, & Lee, S. (2020, November). *Daily association between sleep and stressors: The role of caregiving at work and at home*. Poster presented at the Gerontological Society of America Conference, Philadelphia, PA\*
- Venetto, A., **Vigoureux, T. F.**, & Lee, S. (2020, November). *Daily association between sleep and stressors: Role of personality traits*. Poster presented at the Gerontological Society of America Conference, Philadelphia, PA.\*
- Vigoureux, T. F. D.**, Lee, S., Buxton, O. M., & Almeida, D. M. (2020, June). *Stressor reactivity to insufficient sleep in oncology nurses: Does work shift matter?*. Poster presented at the Annual Sleep Meeting, Philadelphia, PA.\*
- . Lee, S., **Vigoureux, T. F.**, Hyer, K., & Small, B. J. (2020, November). Prevalent insomnia concerns and perceived need for sleep intervention among direct-care workers in long-term care. Paper presented at the Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- Lee, S., **Vigoureux, T. F.**, Hyer, K., & Small, B. J. (2020, August). Prevalence of insomnia symptoms and need for an intervention among direct-care workers in long-term care. Paper presented at the 2020 Florida Conference on Aging Virtual Workshops.
- Vigoureux, T. F. D.**, Lee, S., Buxton, O. M., & Almeida, D. M. (2019, November). *Stressor reactivity to insufficient sleep is associated with body mass index in middle-aged workers*. Poster presented at the Gerontological Society of America Conference, Austin, TX.
- Lee, S., **Vigoureux, T. F. D.**, Buxton, O. M., & Almeida, D. M. (2019, June). *Stressor reactivity to insufficient sleep is associated with body mass index in middle-aged workers*. Paper and Poster presented at Sleep 2019 – The 33<sup>rd</sup> Annual Meeting of the Associated Professional Sleep Societies, LLC (APSS), San Antonio, TX.
- Drury, T. F.**, Andel, R., Small, B. J., Davila, A. L., Crowe, M. (2018, November), *Job strain and cognitive decline in the Puerto Rican Elderly: Health Conditions Study*. Symposium on Work Environment and Cognitive Aging presented at the Gerontological Society of America Conference, Boston, MA.
- Drury, T. F.**, Andel, R., Small, B. J., Davila, A. L., Crowe, M. (2018, May), *The impact of job strain on cognition in a Puerto Rican sample*. Poster session presented at the Cognitive Aging Conference, Atlanta, GA.
- Drury, T. F.**, Leone, C. A. (2017, April), *Self-monitoring and relationship attachment: Individual differences in concern about abandonment*. Poster session presented at the (63<sup>rd</sup>) Annual Southeastern Psychological Association Conference, Atlanta, GA.

- Drury, T. F.,** Andolina, T. L., & Leone, C. A. (2016, April), *The Green-Eyed Monster: Self-monitoring differences in infidelity*. Poster session presented at the (62<sup>nd</sup>) Annual Southeastern Psychological Association Conference, New Orleans, LA.
- Drury, T. F.,** Andolina, T. L., & Leone, C. A. (2016, April), *The “Green-Eyed Monster”: Self-monitoring differences in romantic jealousy*. Symposium presented at the (15<sup>th</sup>) Annual Showcase of Osprey Advancements in Research & Scholarship, Jacksonville, FL.
- Drury, T. F.,** & Leone, C. A. (2016, February), *The private versus public nature of infidelity: self-monitoring and romantic jealousy*. Poster session presented at the (6<sup>th</sup>) Annual Florida Undergraduate Research Conference, Tampa, FL.
- Drury, T. F.,** Andolina, T. L., & Leone, C. A. (2015, April), *Attachment styles and types of jealousy: The many shades of the “Green-Eyed Monster.”* Poster session presented at the (14<sup>th</sup>) Annual Showcase for Ospreys Advancements in Research and Scholarships, Jacksonville, FL.
- Drury, T. F.,** Andolina, T. L., & Leone, C. A. (2015, November), *Attachment styles and types of jealousy: The many shades of the “Green-Eyed Monster.”* Poster session presented at the (37<sup>th</sup>) Annual Society of Southeastern Social Psychologists Conference, Winston-Salem, NC.

### **Professional Service**

- Ad hoc reviewer, *Psychological Medicine* July, 2018
- Co-reviewer under the mentorship of Ross Andel, Ph.D.
- Ad hoc reviewer, *Sleep* February, 2019
- Co-reviewer under the mentorship of Soomi Lee, Ph.D.

### **PROFESSIONAL DEVELOPMENT**

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#### **Funding**

- Graduate Research Assistant, R56 (PI: Soomi Lee, PhD), Spring, 2021
- Graduate Research Assistant, New Researcher Grant (PI: Soomi Lee, PhD), Summer, 2020 – Fall 2020
- Graduate Research Assistant, New Researcher Grant (PI: Soomi Lee, PhD), Summer, 2019
- Graduate Research Assistant, College of Behavioral and Community Sciences Grant (PI: Soomi Lee, PhD), Fall, 2019
- SMART Grant (Undergraduate Research Grant) Awarded 2016, University of North Florida
- Travel Grant for SEPA Conference 2016, University of North Florida
- Travel Grant for FURC Conference 2016, University of North Florida
- Travel Grant for SSSP Conference 2015, University of North Florida

#### **Miscellaneous Workshops**

- Moffitt Cancer Center

- Simple Steps to Dream Job in Industry – Jayanika Samaranayake, PhD
- Rethinking Impostor Syndrome: Why Capable People Feel Like Impostors and What to Do About It – Valerie Young, Ph.D.
- Scismic
  - Open Networking – Erin McKay, PhD
- National Cancer Institute
  - Virtual Meeting on Survivorship Needs for Individuals Living with Advanced and Metastatic Cancers

### **Honors and Awards**

- Honors in the Major, December 2016, University of North Florida
- Student Scholar Award, Showcase of Osprey Advancements in Research and Scholarships 2016, University of North Florida
- Student Scholar Award, Showcase of Osprey Advancements in Research and Scholarships 2015, University of North Florida

### **Professional Memberships**

- The Gerontological Society of America, Fall 2020 – Fall 2021
- The American Academy of Sleep Medicine, Summer 2020 – Summer 2021
- Secretary – Student Association for Aging Studies, Fall 2017 – Spring 2019
- Association for Psychological Science, Fall 2017 – Spring 2018, Summer 2020 – Summer 2021

### **Certifications**

- Collaborative Institutional Training Initiative (CITI), Fall 2017
- Dr. Buxton's (Penn State) Actigraphy Scoring Bootcamp, Spring 2019

### **Methodological Skills**

- Experience in conducting multiple advanced statistical analyses, including Linear Regression, Logistic Regression, Moderation, Mediation, Multilevel Modeling, Structural Equation Modeling, and Generalized Linear Mixed Modeling
- Extensive experience in SAS with competency in SPSS and R
- Experience with secondary datasets such as the Midlife in the United States (MIDUS) and the Work, Family, and Health Study
- Mastery in multiple survey softwares, including Qualtrics and LifeData
- Mastery in Actiware and Dr. Orfeu Buxton's (Penn State) custom actigraphy scoring GUI

## **INSTRUCTION**

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### **Teaching Interests**

The Life Cycle, Psychology of Aging, Research Methods in Aging, Women in Aging, Directed Readings in Aging, Introduction to Aging Sciences, Physical Changes and Aging

## **Instructional Experience**

DEP2004: The Life Cycle (Online), Instructor, Summer 2021, USF Behavioral & Community Sciences

DEP2004: The Life Cycle (Online), Instructor, Spring 2021, USF Behavioral & Community Sciences

DEP2004: The Life Cycle (Online), Instructor, Fall 2020, USF Behavioral & Community Sciences

DEP2004: The Life Cycle (Online), Instructor, Summer 2020, USF Behavioral & Community Sciences

DEP2004: The Life Cycle (Online), Instructor, Spring 2020, USF Behavioral & Community Sciences

DEP2004: The Life Cycle (Online), Instructor, Fall 2019, USF Behavioral & Community Sciences

DEP2004: The Life Cycle (Online), Instructor, Summer 2019, USF Behavioral & Community Sciences

GEY4612: Psychology of Aging, Instructor, Spring 2019, USF Behavioral & Community Sciences

GEY4612: Psychology of Aging, Instructor, Fall 2018, USF Behavioral & Community Sciences

DEP2004: The Life Cycle, Teaching Assistant, Nasreen Sadeq, Summer 2018, USF Behavioral & Community Sciences

DEP2004: The Life Cycle, Teaching Assistant, Maureen Templeman, Summer 2018, USF Behavioral & Community Sciences

GEY4612: Psychology of Aging, Teaching Assistant, Nasreen Sadeq, Fall 2017, USF Behavioral & Community Sciences

## **Guest Lectures**

GEY4612: Psychology of Aging, Guest Lecture on Sleep, Dr. Soomi Lee, Fall 2019

GEY2004: The Life Cycle, Guest Lecture on Attachment Style, Dr. Lindsay Peterson, Fall 2017

## **ADDITIONAL EXPERIENCE**

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Mental Health Technician on the Children's Unit *August 2013 – October 2014*

Mental Health Center of Jacksonville and Mental Health Resource Center

- Monitored up to 30 patients at a time and recorded their behavior
- Conducted wellness interviews for each patient two times per day
- Measured and recorded vital signs for patients two times per day
- Filled out and appropriately filed required paperwork

Fine Dining Server *July 2012 – August 2017*

- Balanced numerous demanding tasks while maintaining a calm demeanor
- Identified when team members needed help and assisted without prompting
- Patiently and compassionately resolved complaints from clientele when necessary

- Worked as a member of a team with numerous working parts requiring effective communication and simultaneous attention to detail and the big picture
- Maintained a professional appearance at all times to represent our brand well